

Incorporating PET into lymphoma trials: U.S. experience

Yvette Kasamon, MD

Assistant Professor of Oncology and Medicine

Johns Hopkins University

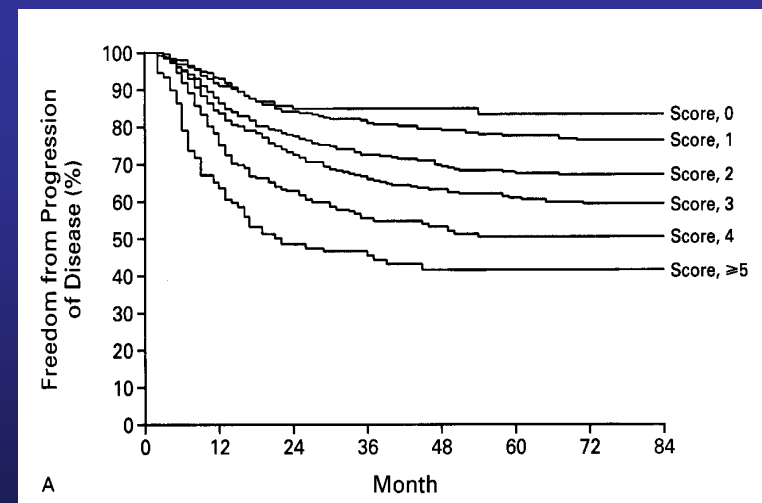
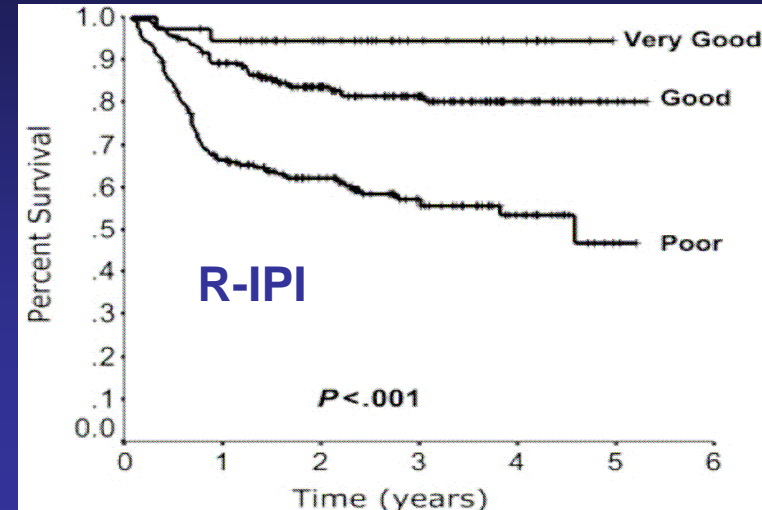


Objectives

- Describe integration of PET in response-adapted lymphoma trials and other trials (focus on U.S. experience)
- Consider options for managing post-therapy PET results on clinical trials

Traditional risk stratification

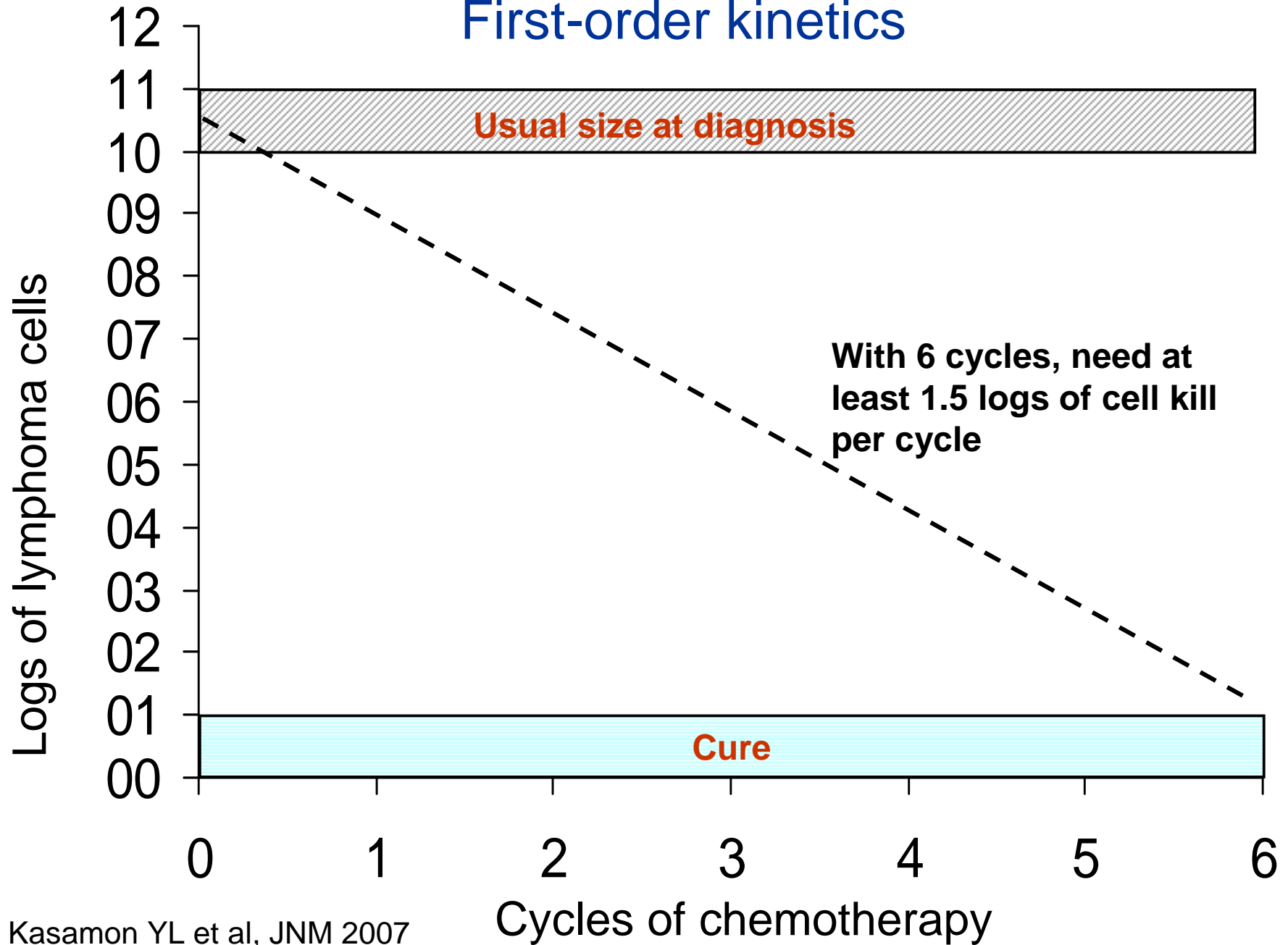
- **IPI (aggressive NHL)^{a,b}**
 - Age > 60
 - ECOG performance status ≥ 2
 - High LDH
 - Stage III or IV
 - > 1 extranodal site
- **IPS (advanced Hodgkin's)^c**
 - Age ≥ 45
 - Stage IV
 - Male
 - Albumin < 4 g/dl
 - Hemoglobin < 10.5 g/dl
 - WBC > 15,000/mm³
 - Lymphopenia

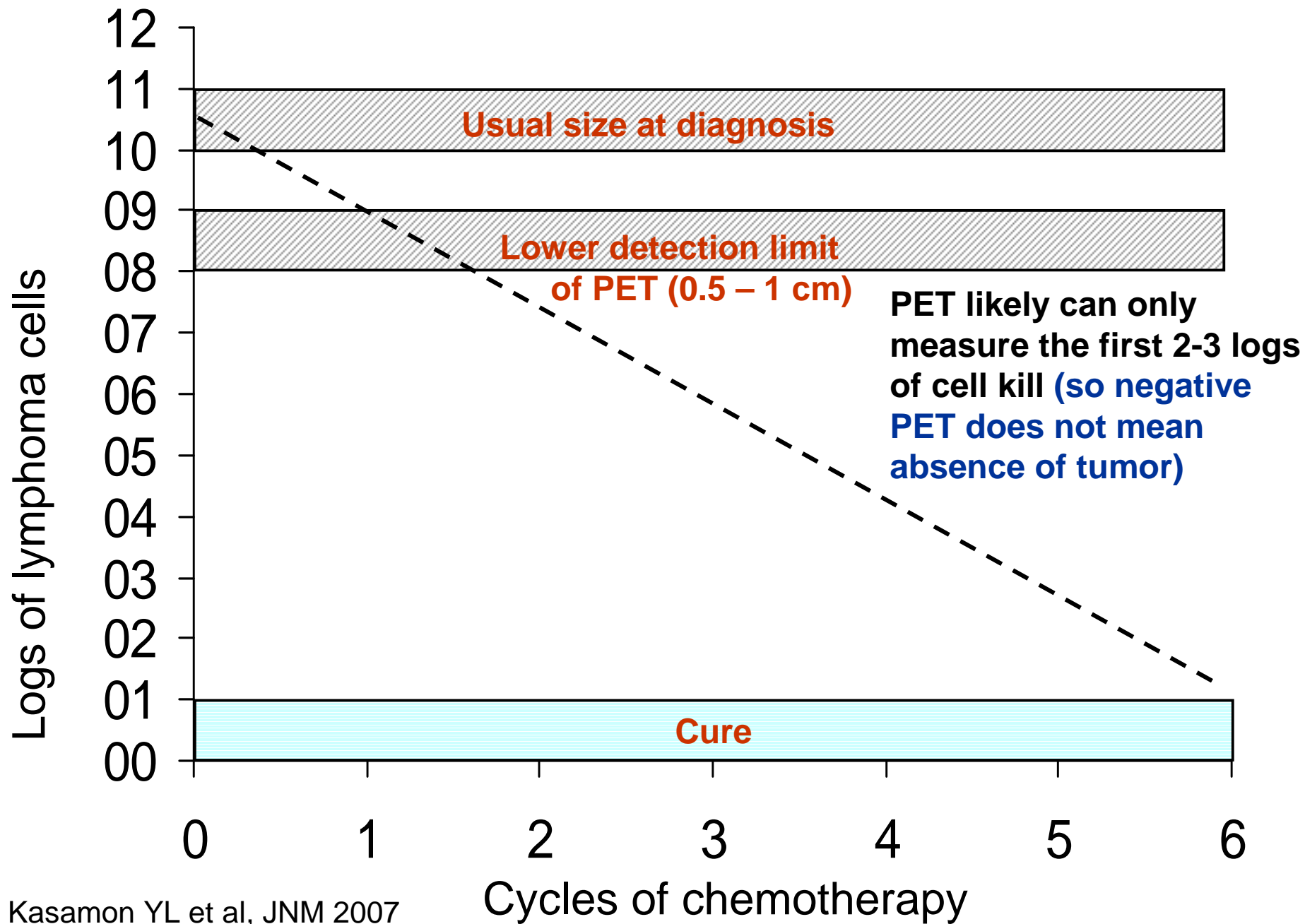


a) NEJM 1993; 329: 987-994 b) Sehn LH et al, Blood 2007;109:1857-1861, Fig 4; c) Hasenclever, Diehl. NEJM 1998;339:1506-14, Fig 1A.

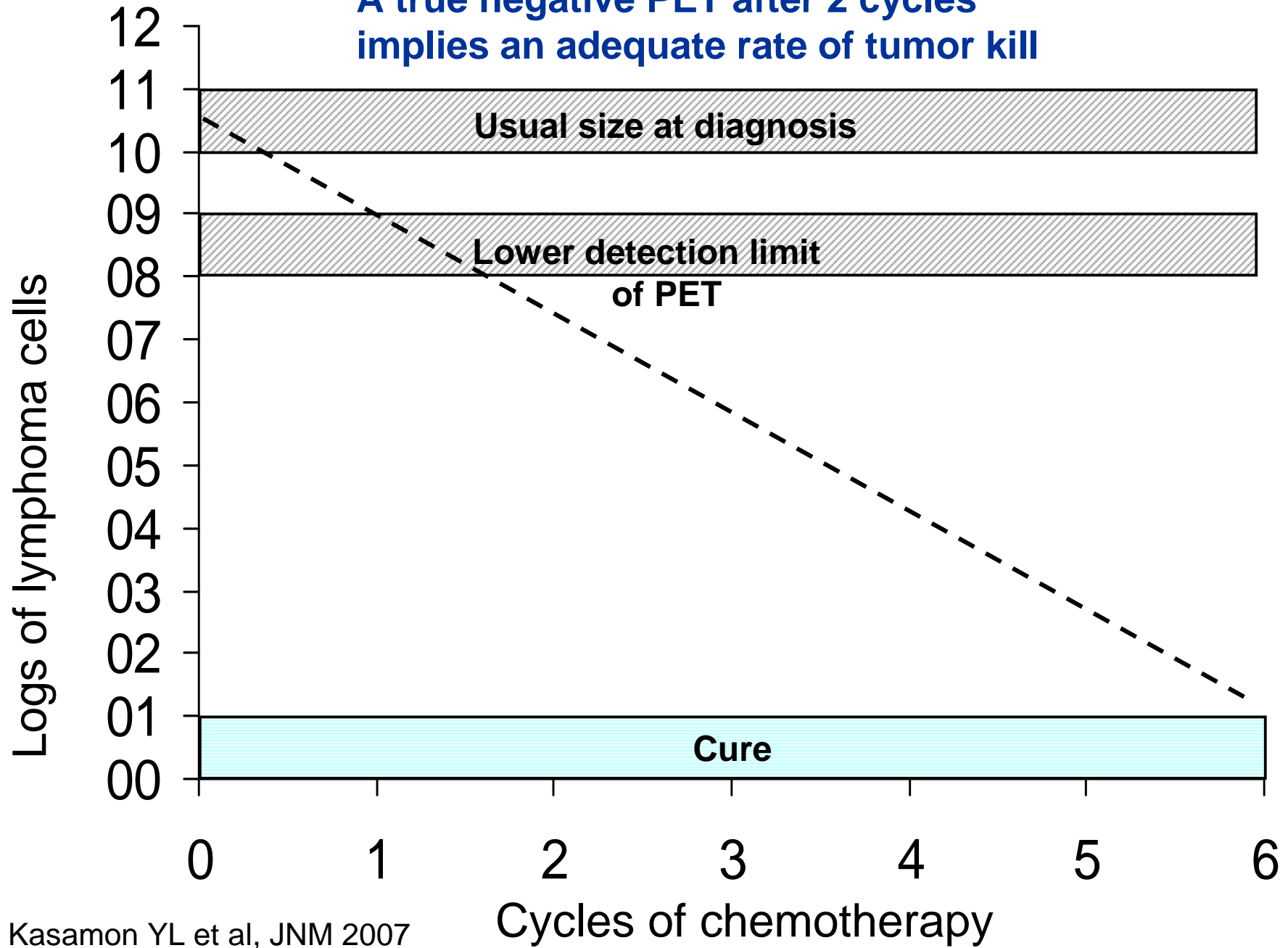
- Prognosis depends not only on whether PET becomes negative, but how quickly this occurs
- In thinking about lymphoma trials, what is the biologic basis of this observation?

First-order kinetics

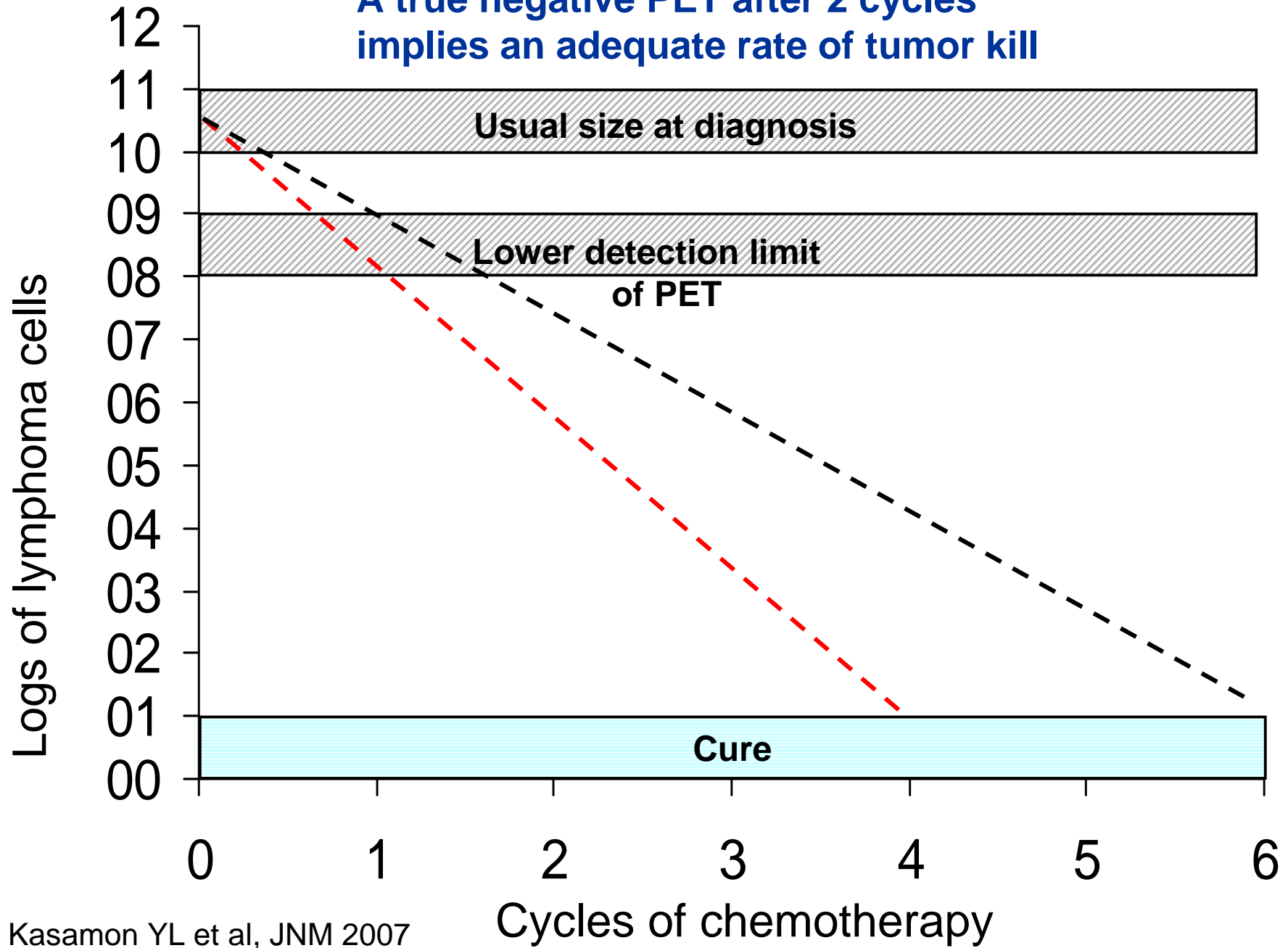


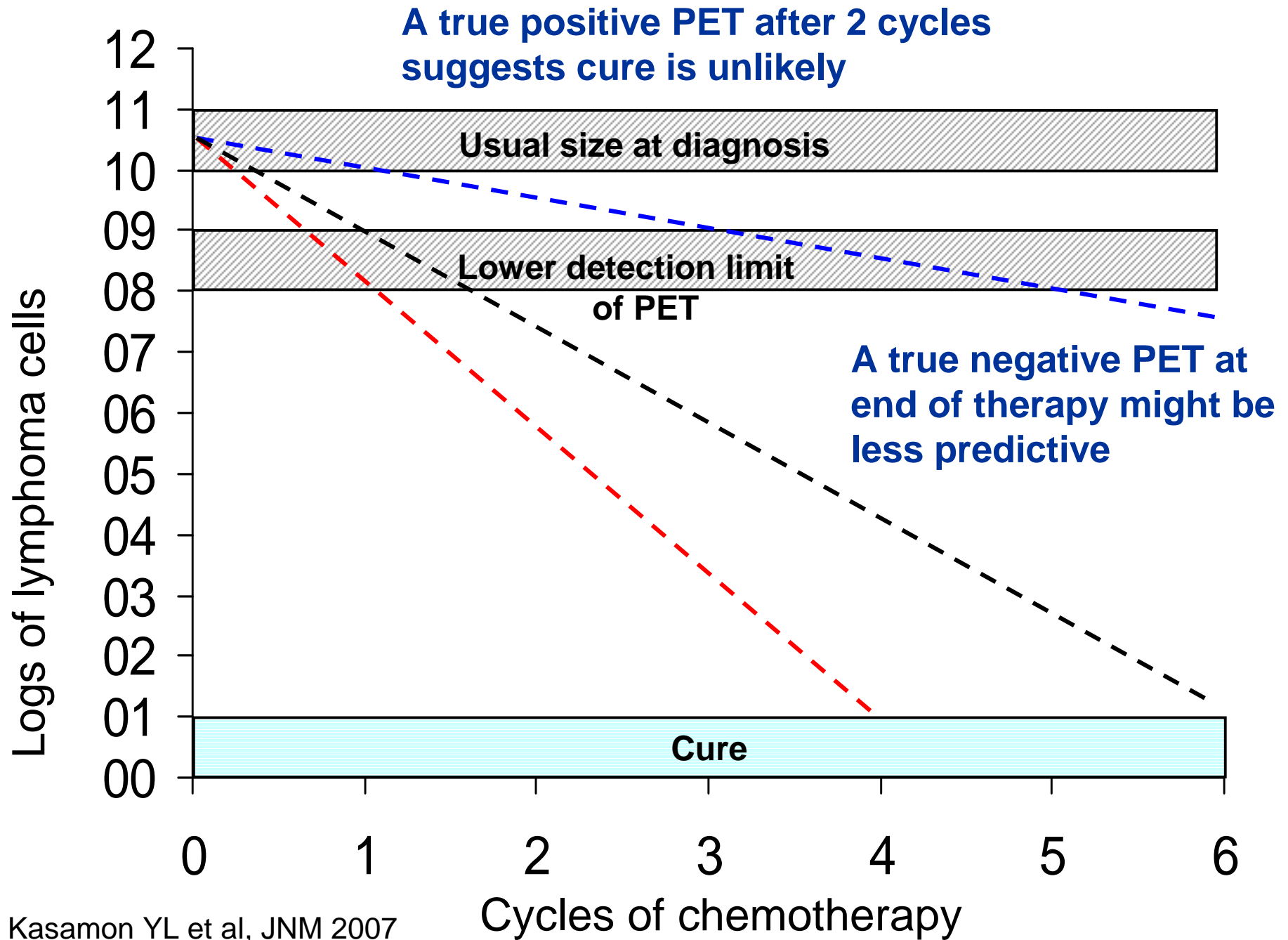


**A true negative PET after 2 cycles
implies an adequate rate of tumor kill**



**A true negative PET after 2 cycles
implies an adequate rate of tumor kill**





Why might midtreatment PET be superior
to posttreatment?

Early PET result implies a certain rate of tumor kill

Considerations

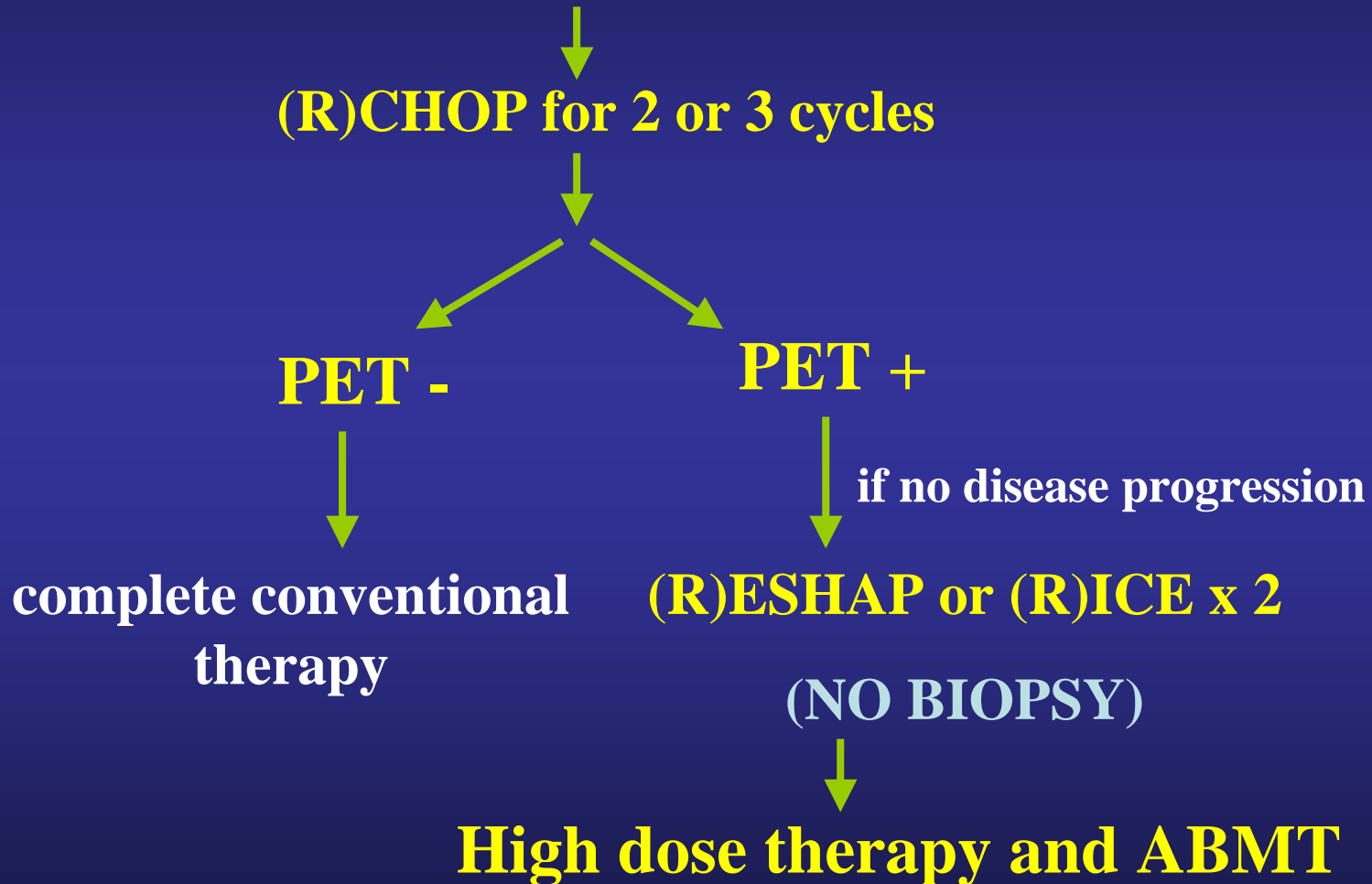
- Recently, more variability in outcome than appreciated in previous series
- Subsets with positive interim scans do well
 - not as clear-cut as previously appeared
- Concern about false positives
- Variability with PET criteria and reproducibility of reads

Response-adapted therapy

- Changing chemotherapy based on early PET
- Using PET to guide # of cycles and to tailor radiation

Johns Hopkins study (2004-2007)

Aggressive NHL, any stage, any IPI (n = 59)



Johns Hopkins PET assessment

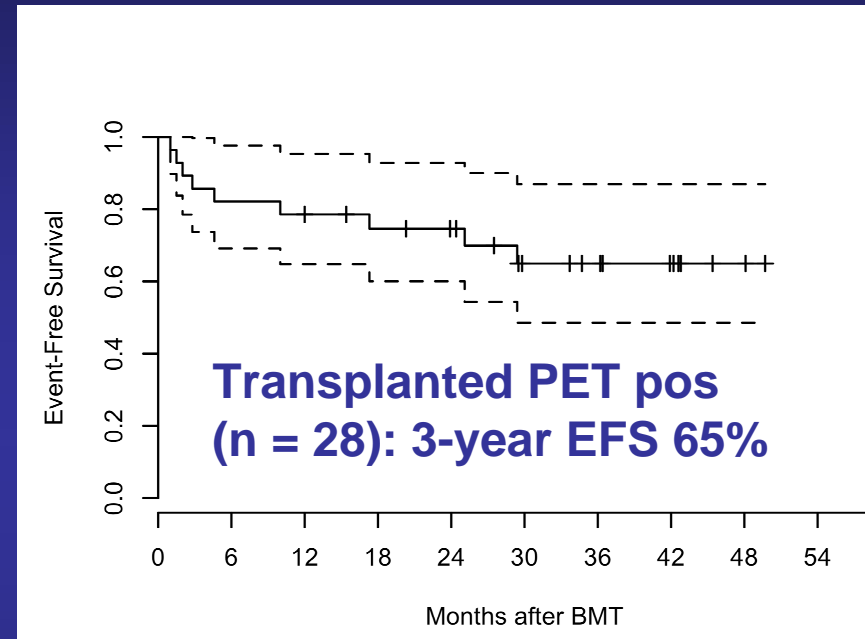
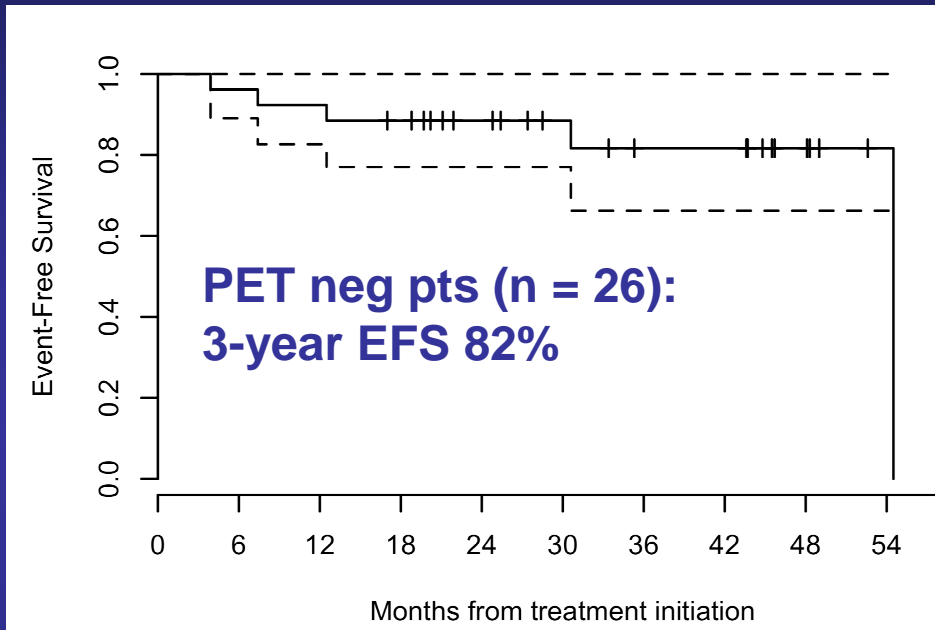
NEGATIVE

- 0 no abnormal activity (tumor cold)
 - 1+ minimal activity (tumor < mediastinal blood pool)
 - 2+ equivocal (tumor = or near blood pool)
-

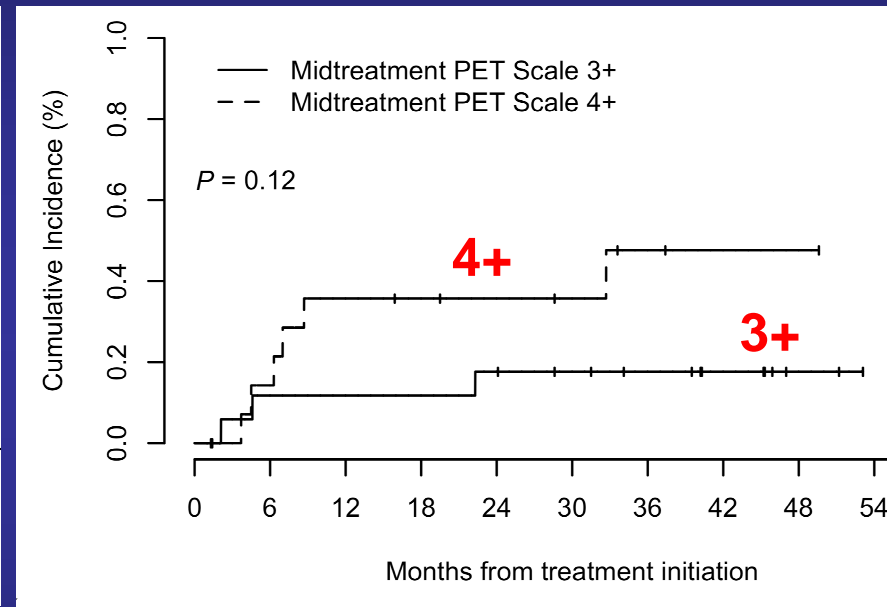
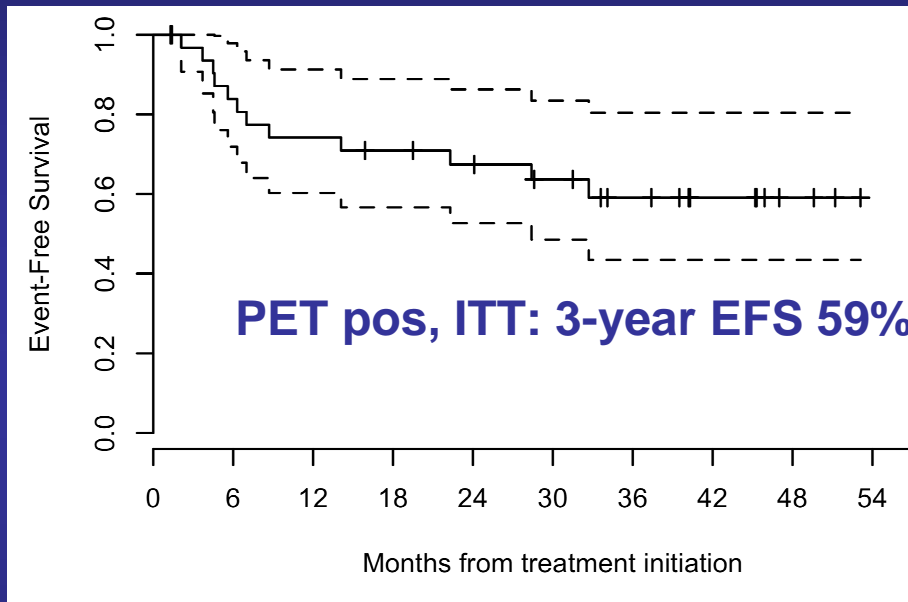
POSITIVE

- 3+ moderate activity (tumor clearly > blood pool)
- 4+ strong activity (tumor much greater than blood pool)

JHH trial: EFS by interim PET



JHH trial: disease outcomes and impact of PET scale



**All PET pos pts (n = 33):
EFS by intention to treat**

**(3 pts with early progression,
2 consent withdrawals)**

**All PET pos pts: cumulative
incidence of relapse/progression**

IPI and midtreatment PET



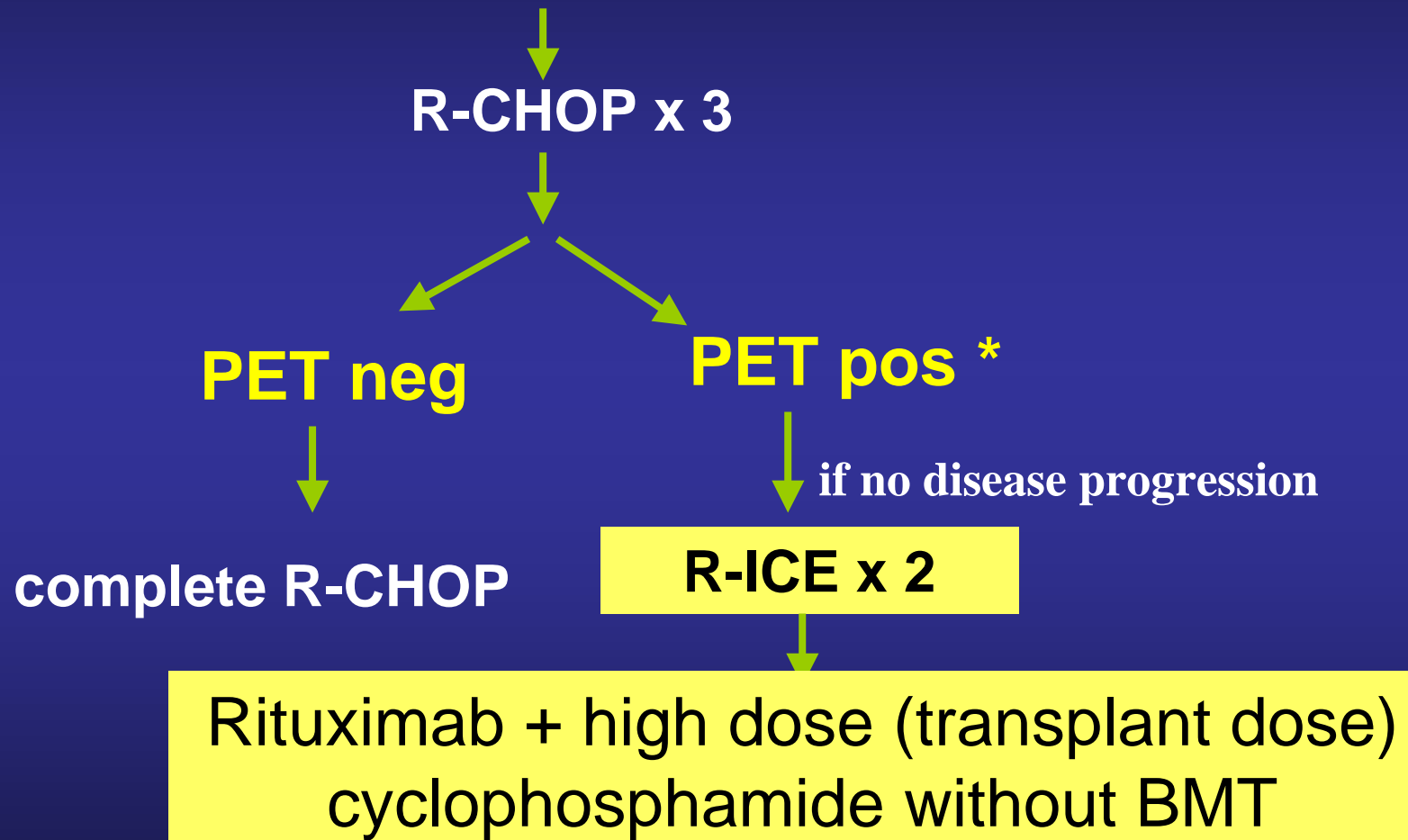
- No association between interim PET and IPI (0-2 vs 3-5); $P = 0.99$
- If mid PET pos, tendency toward greater relapse risk with $IPI \geq 3$ (HR 3.6, $P = 0.07$)

Johns Hopkins experience

- Early treatment intensification on basis of midtreatment PET is feasible in most pts
- Advantages of this approach, compared with conventional therapy, remain to be defined
- Relative contribution of BMT, compared with platinum- and etoposide-based salvage regimens, is uncertain
- Gradations of FDG uptake may be prognostic

Ongoing Johns Hopkins study

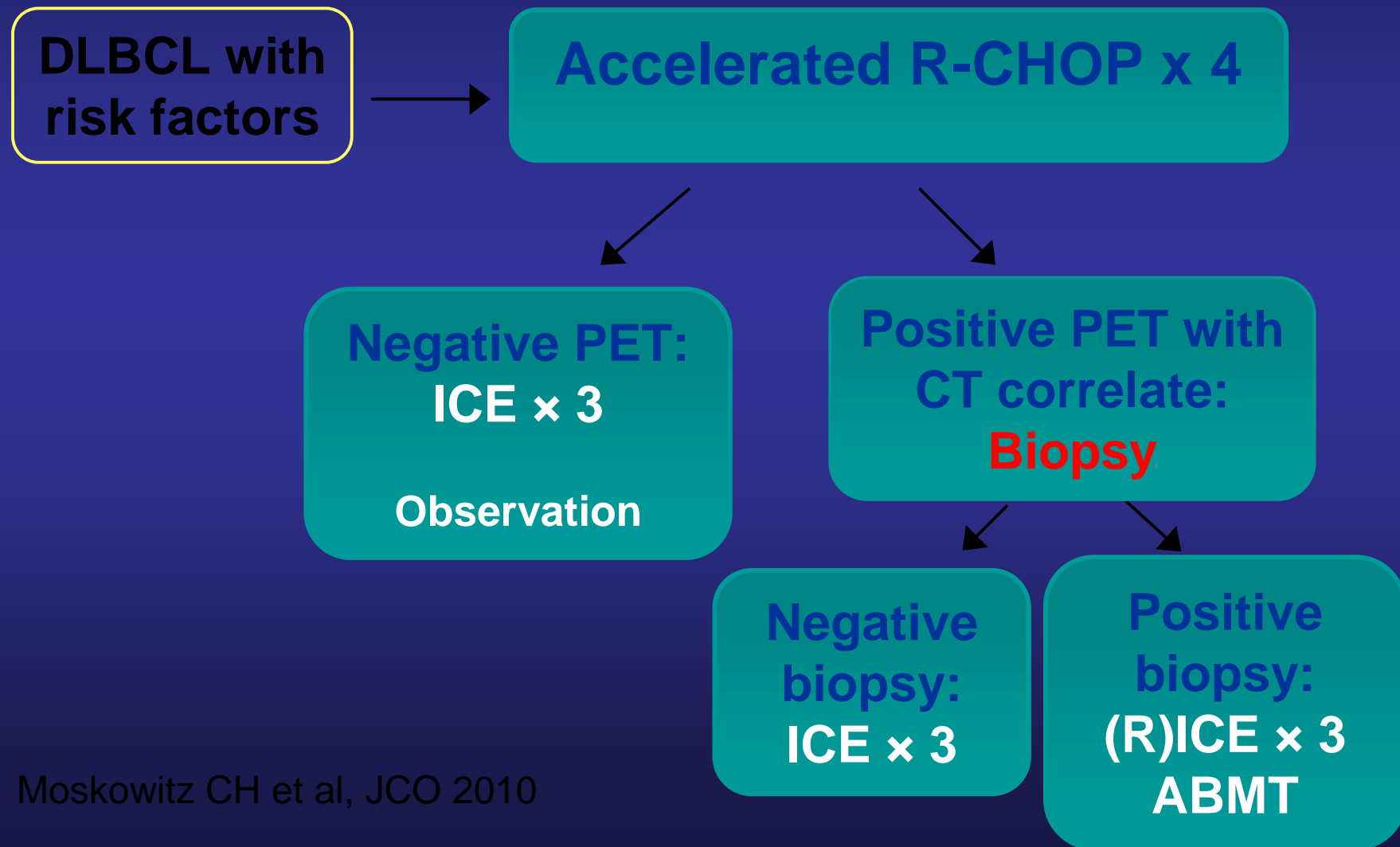
DLBCL (stage II bulky, III, or IV)



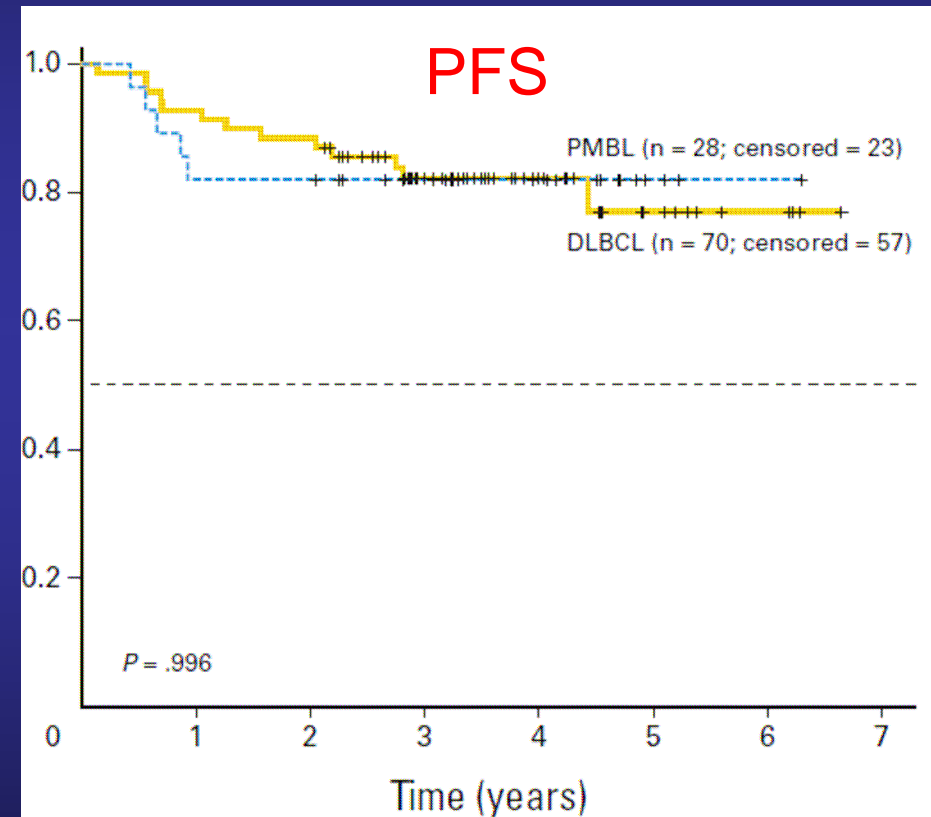
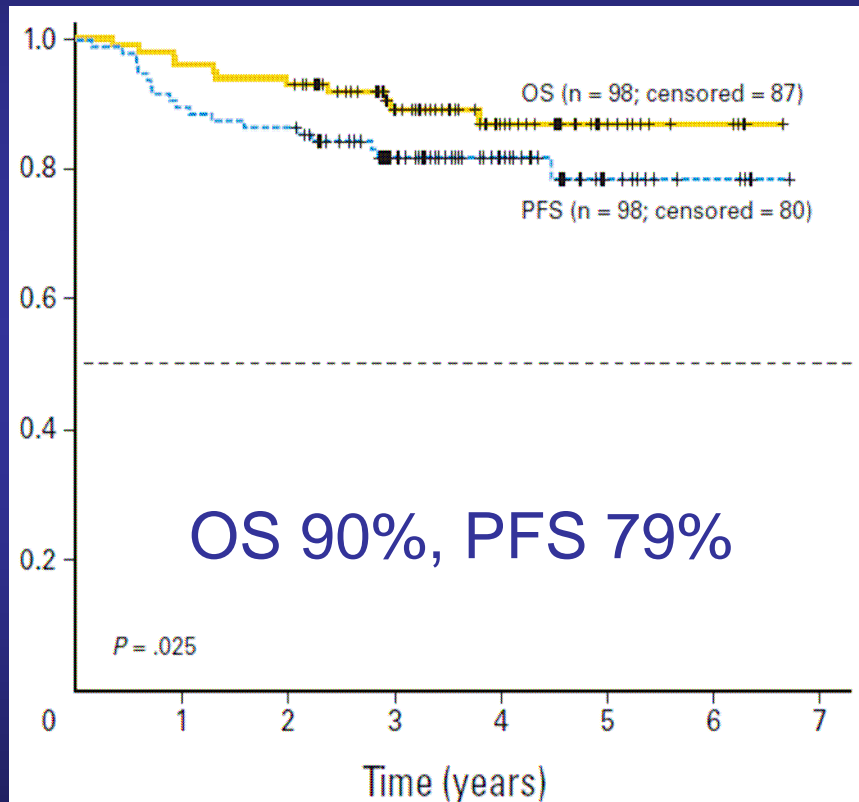
* 5-point scale with blood pool and liver references

PI: Lode Swinnen

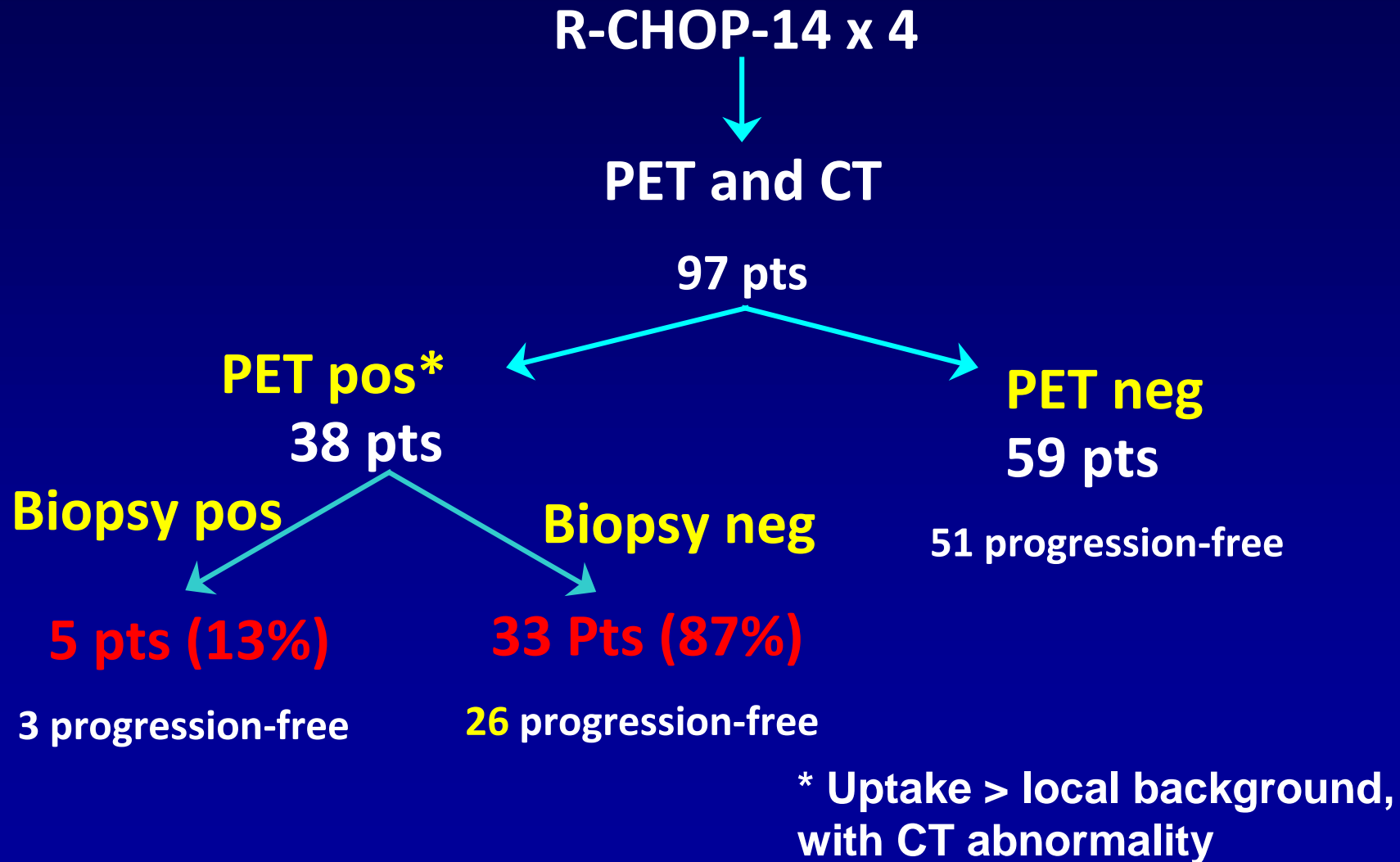
MSKCC: Risk-Adapted Therapy for DLBCL



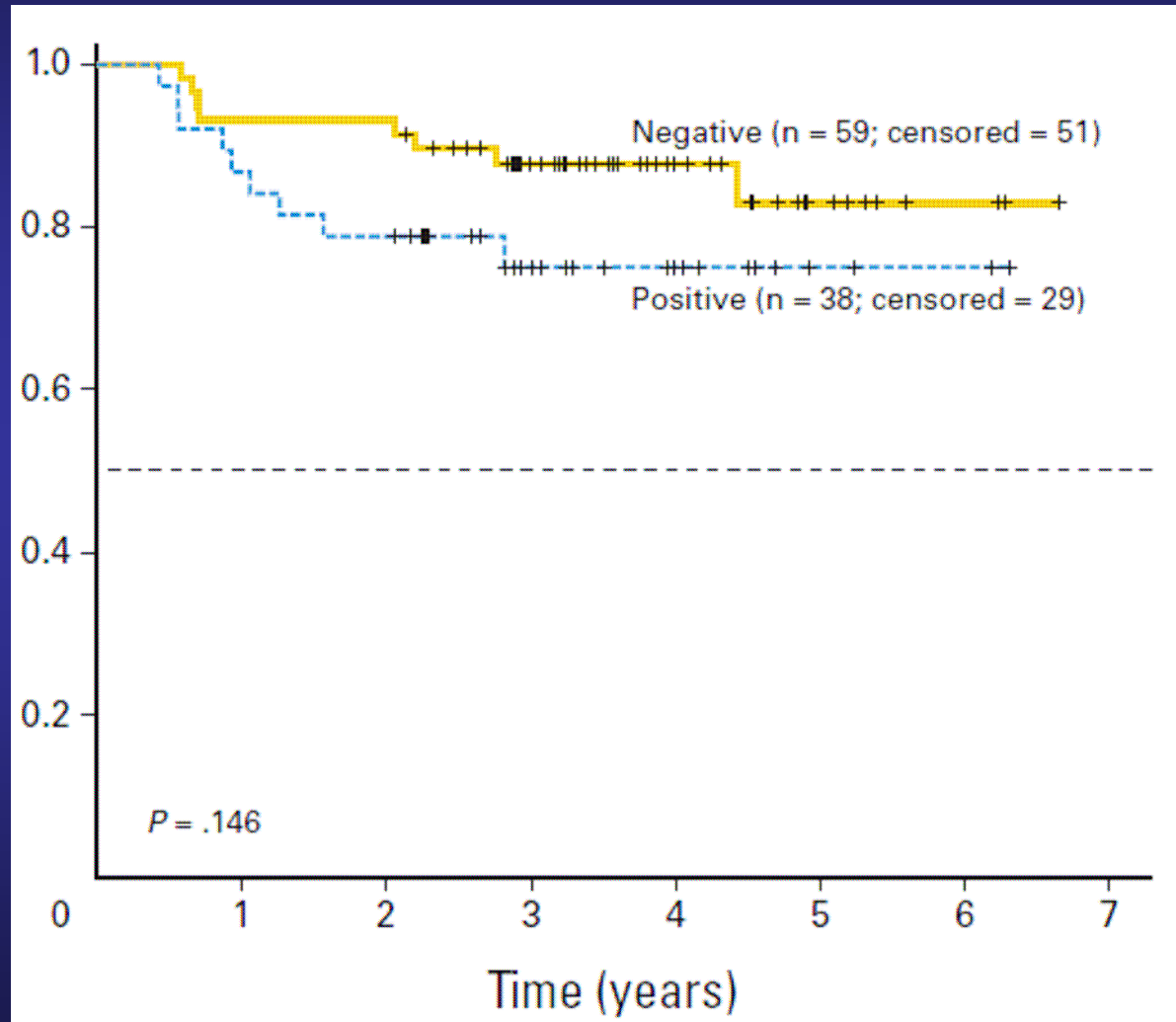
MSKCC: overall outcomes



Separation by PET and Biopsy Results

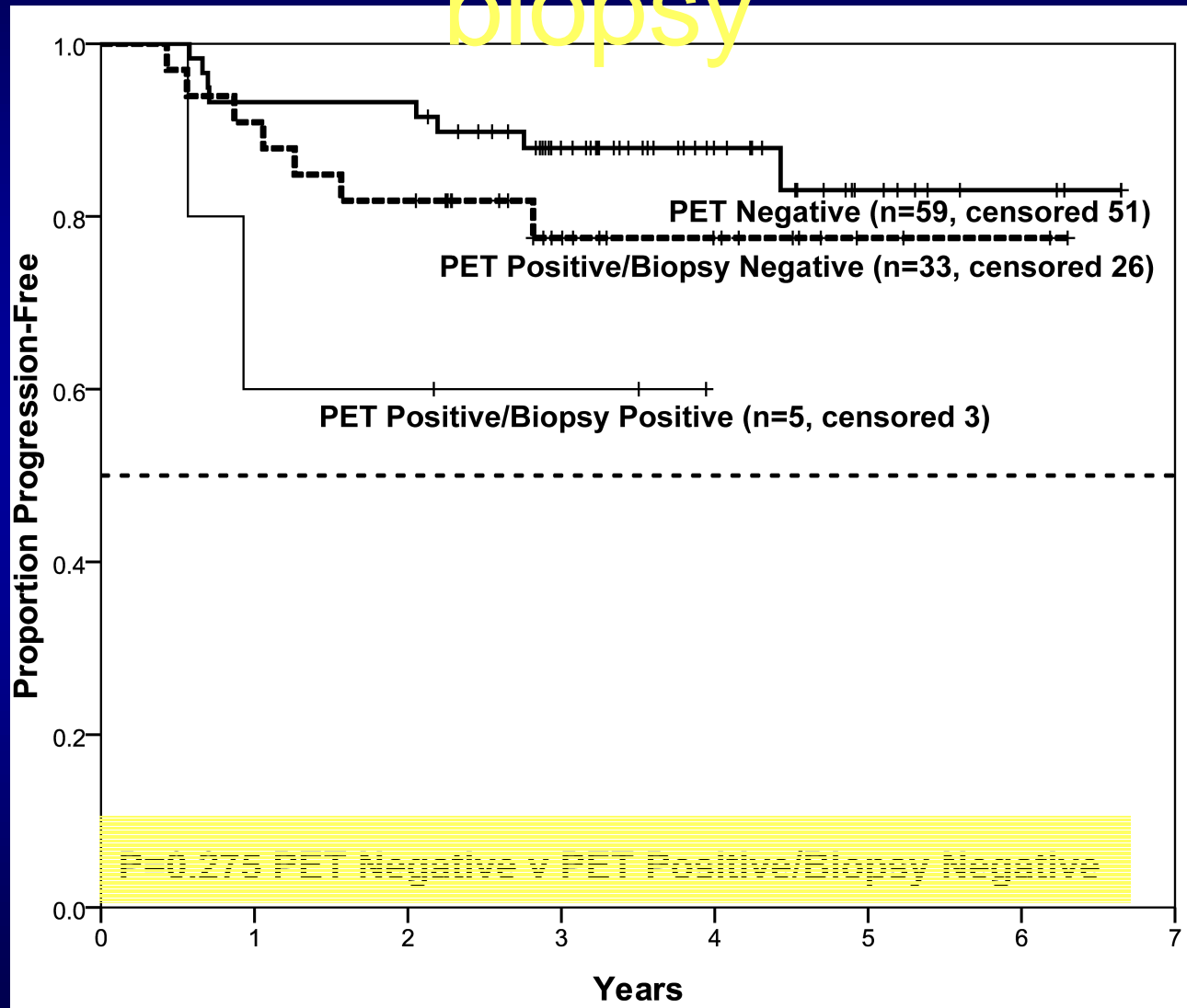


PFS according to interim PET



Moskowitz CH et al, JCO 2010

PFS according to PET and biopsy



SUV in relation to biopsy result

Table 3. Correlation Between SUV and Biopsy Result

Biopsy Result	Highest SUV at Biopsy Site (Interim PET scan)			Ratio SUV*		
	Median	Minimum	Maximum	Median	Minimum	Maximum
Negative (n = 33)	3.4	1.5	11.5	1.46	-0.2	3
Positive (n = 5)	5.4	2	14	1.3	0.2	1.7
<i>P</i> (Wilcoxon test)		.25			.36	

*Ratio SUV = $\text{Log} \left(\frac{\text{initial SUV max at biopsy site}}{\text{interim SUV max at biopsy site}} \right)$

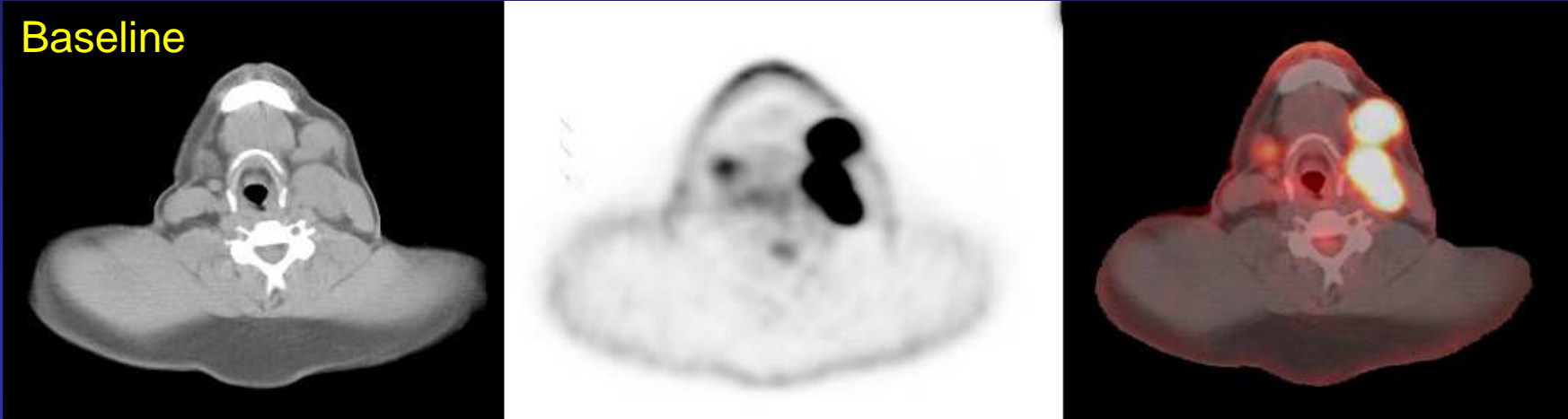
Moskowitz CH et al, JCO 2010

Considerations in trial planning

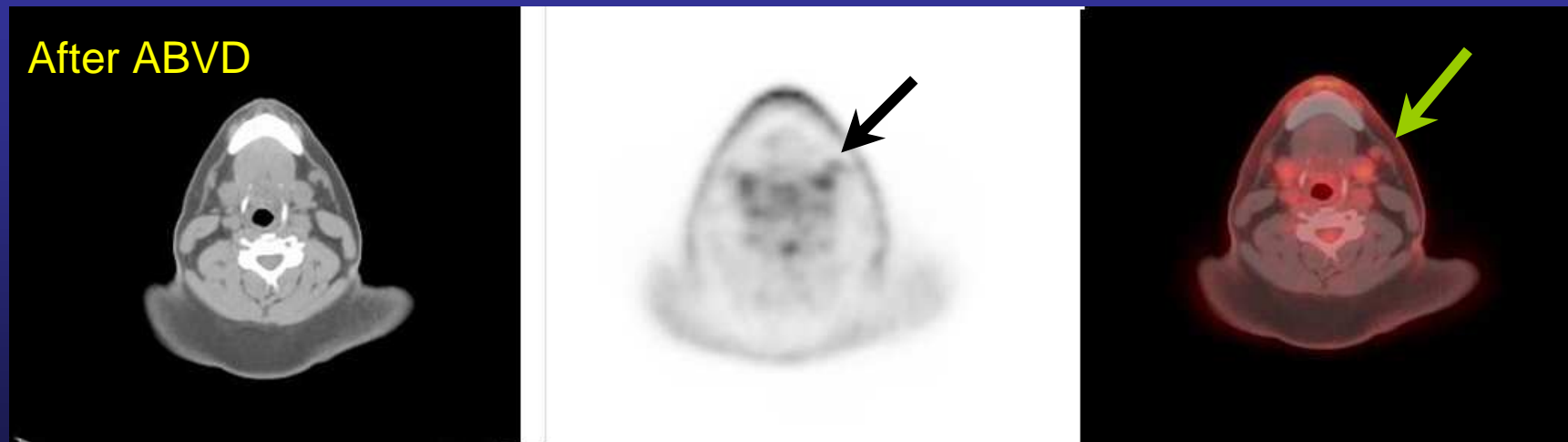
- Impact of regimen
 - IPI, revised IPI were also not prognostic
 - A moving target?
- Role of biopsy
 - Prognostic significance of PET previously established without use of biopsy
 - Limited prognostic data on midtreatment biopsy
 - Sampling error
 - All biopsies showed inflammation and/or necrosis

How positive is “positive”?

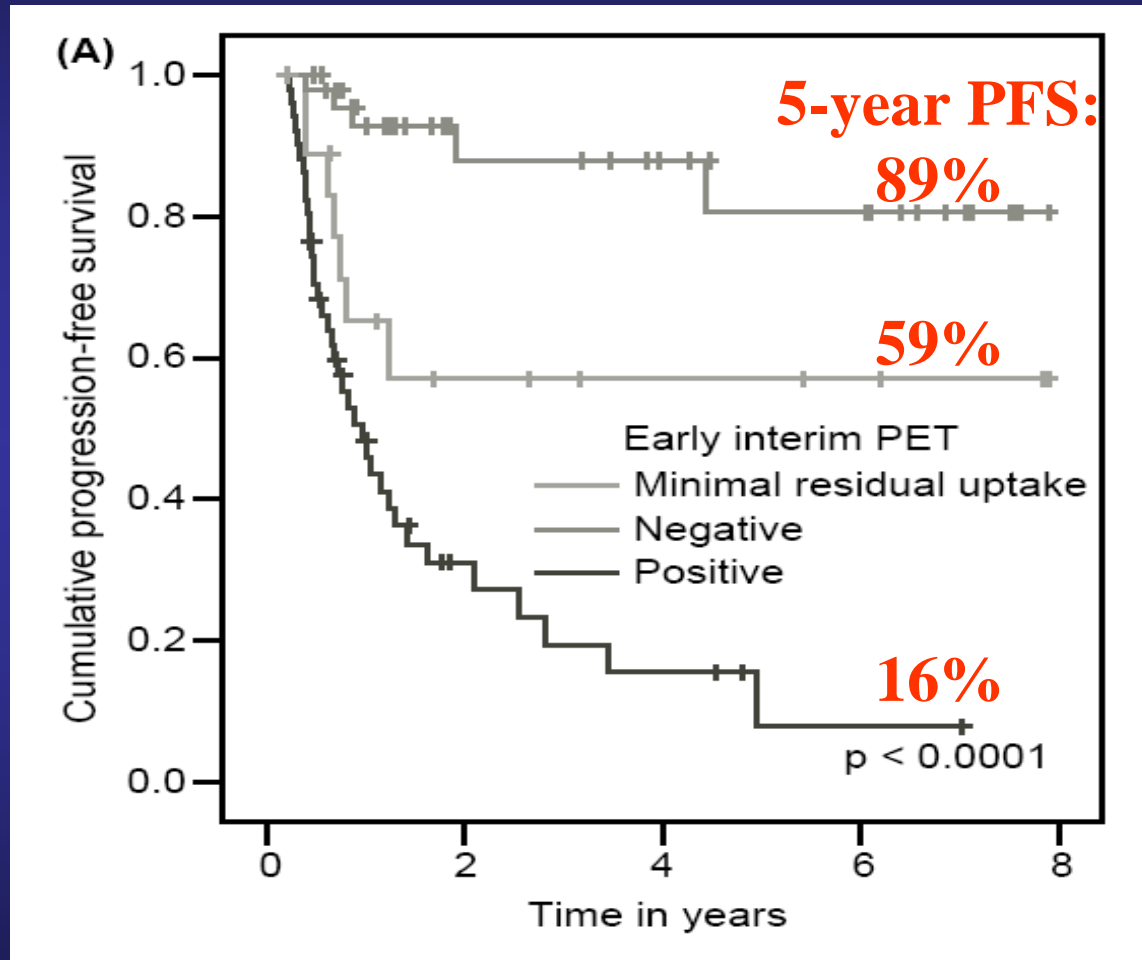
Baseline



After ABVD



How positive is “positive”?

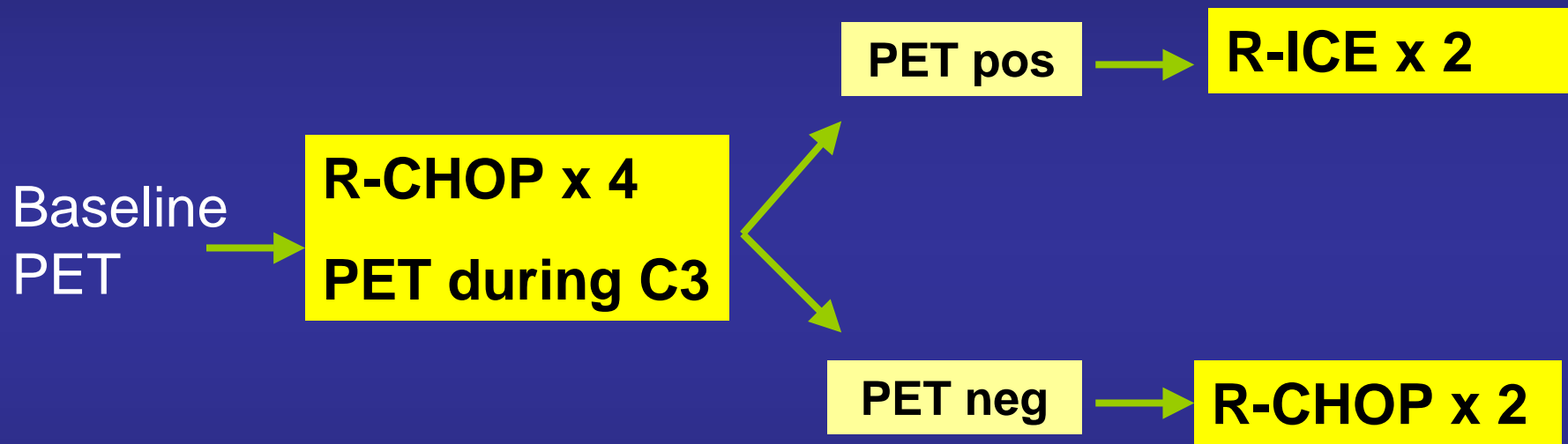


2 yr median follow-up

Considerations in trial planning

- Reproducibility of reads in context of risk-adapted trials

E3404: Phase II Study of Response-Adapted Therapy for DLBCL



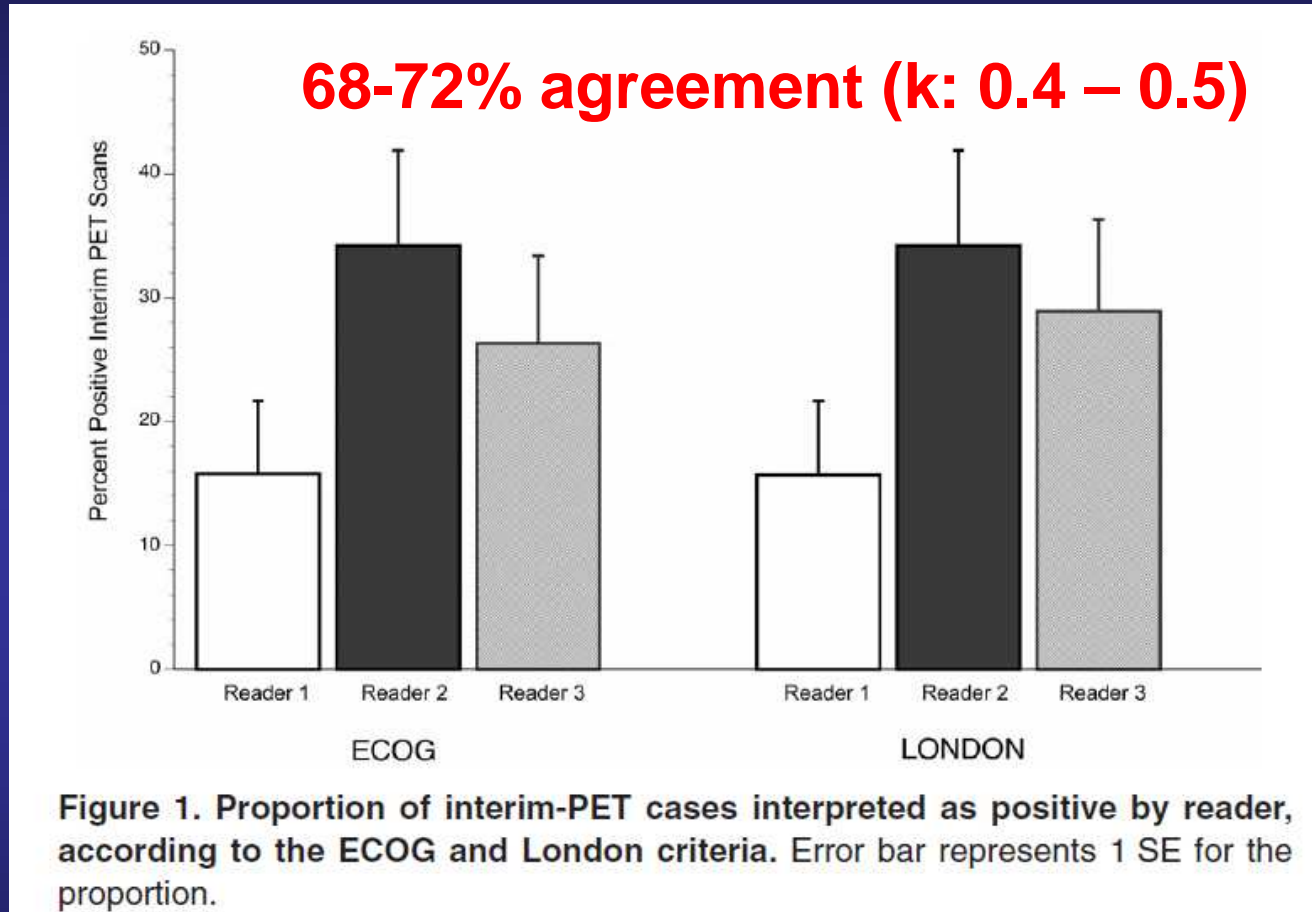
**Central review of interim PET;
designated + or – by visual assessment**

PI: Lode Swinnen

ECOG criteria for interim PET (binary result)

- Evaluate only sites abnormal at baseline
- Pos sites must have anatomic correlate
- Abnormal = focal appearance and intensity > liver
- Marrow, spleen abnormal only if focal and clear
- Symmetric foci in chest abnormal only if remaining scan is pos
- New foci considered pos only if remaining scan is pos, or if new lesion is focal, very intense, and has CT correlate

E3404: PET read reproducibility

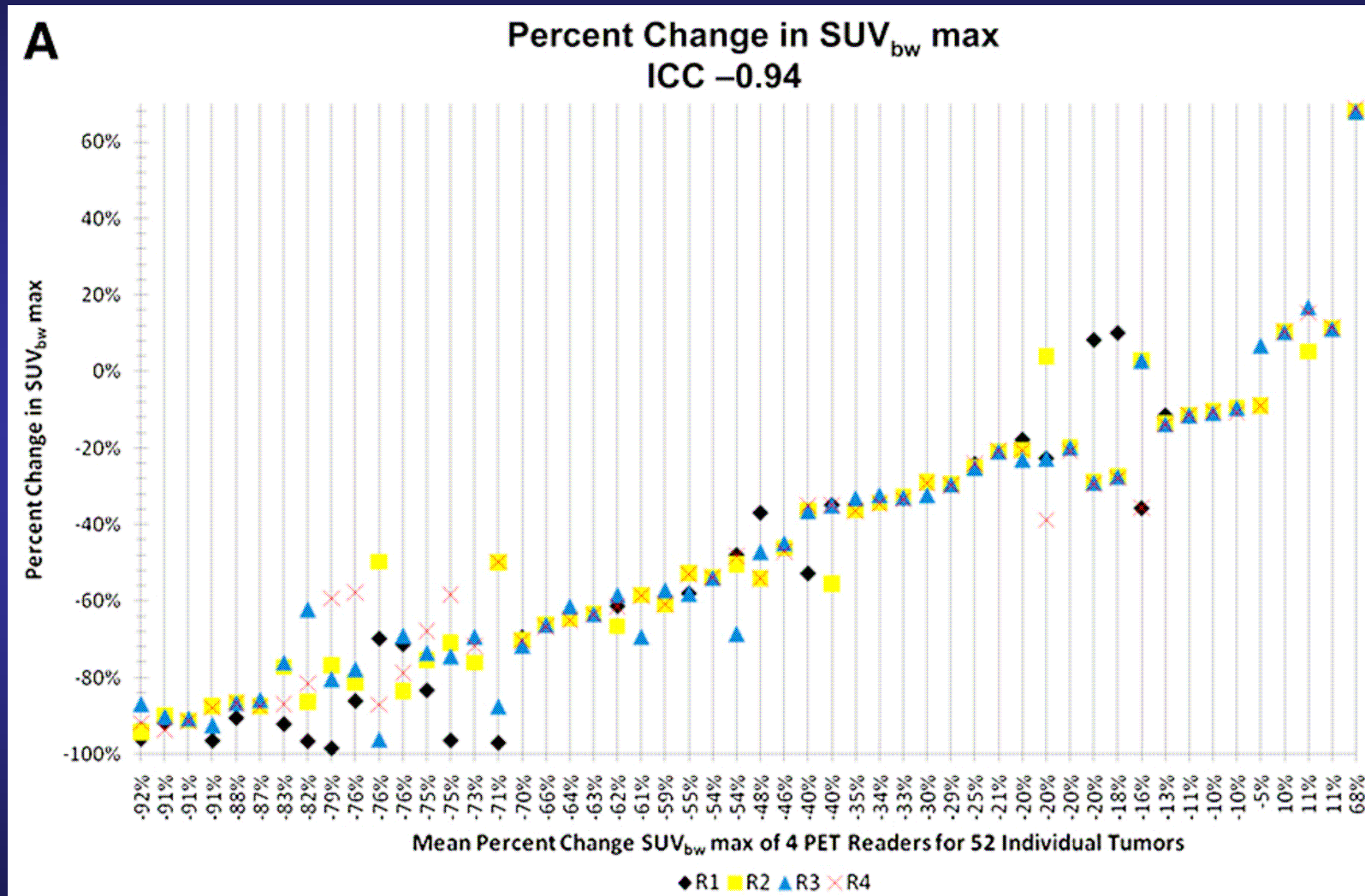


- 16 – 29% interim scans read as positive
- Consensus reached in 3 of 12 discordant cases

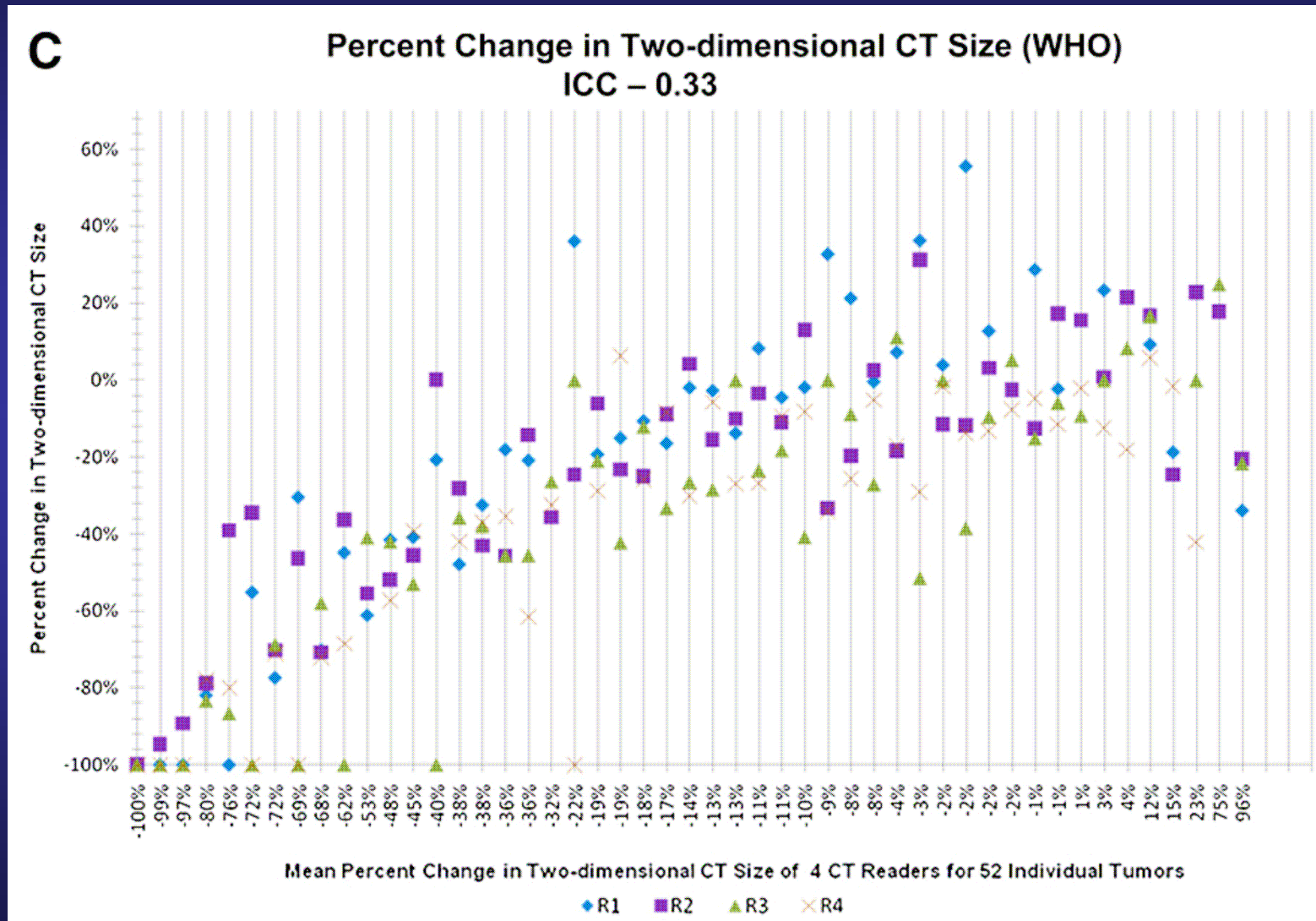
E3404: PET read reproducibility

- Similar reproducibility of ECOG & London criteria
- Sources of disagreement
 - Para-aortic, spleen, bone
 - CT correlates of residual “positive” sites often absent or equivocal

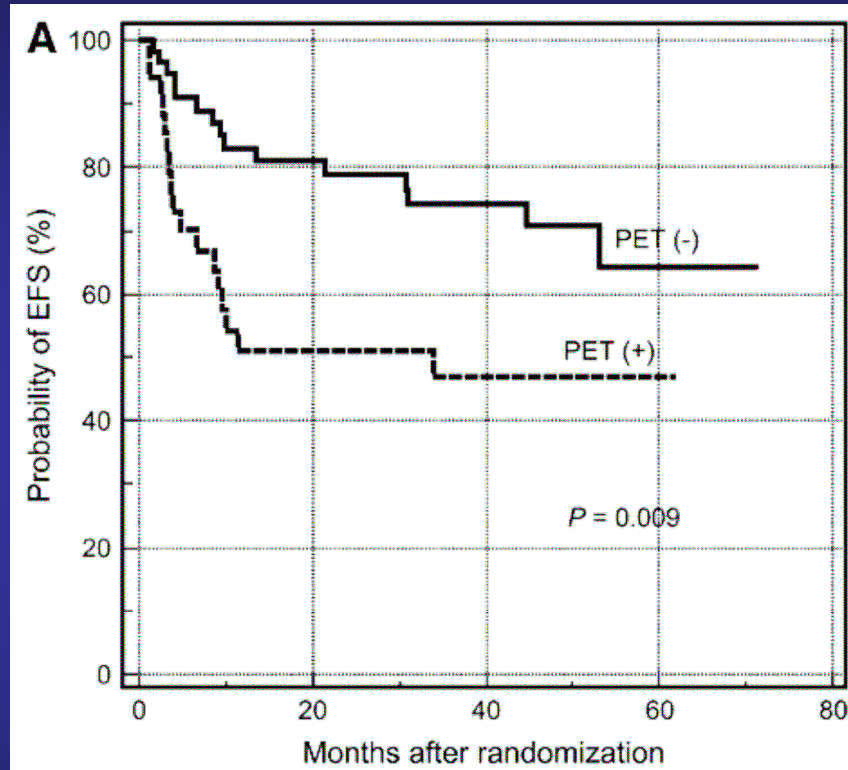
SUV vs. CT measurements



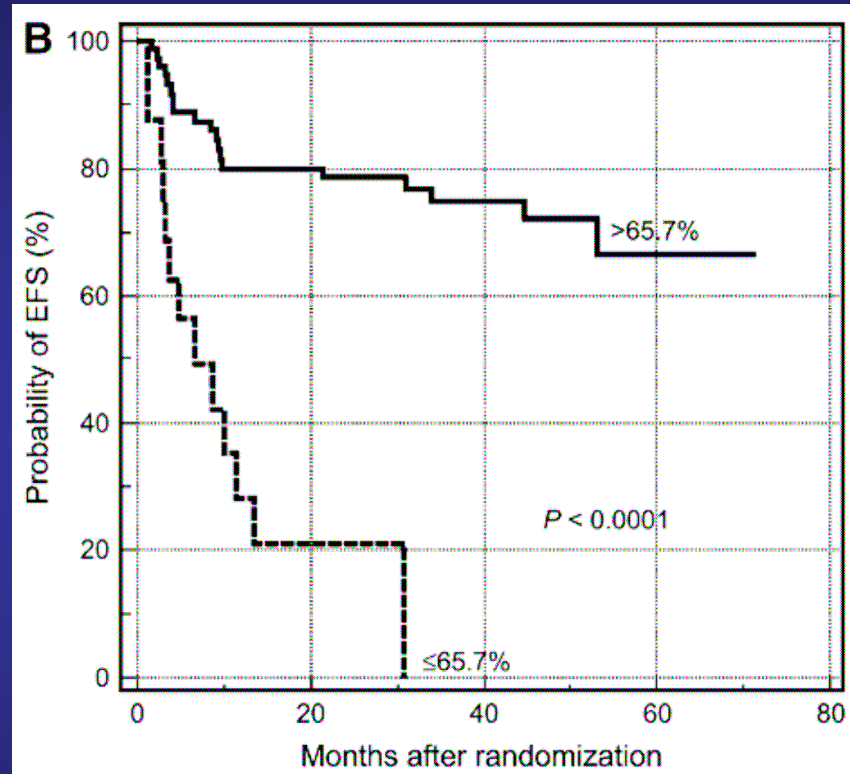
SUV vs. CT measurements



Cycle 2 PET in DLBCL



3-point visual scale
(65% accuracy)



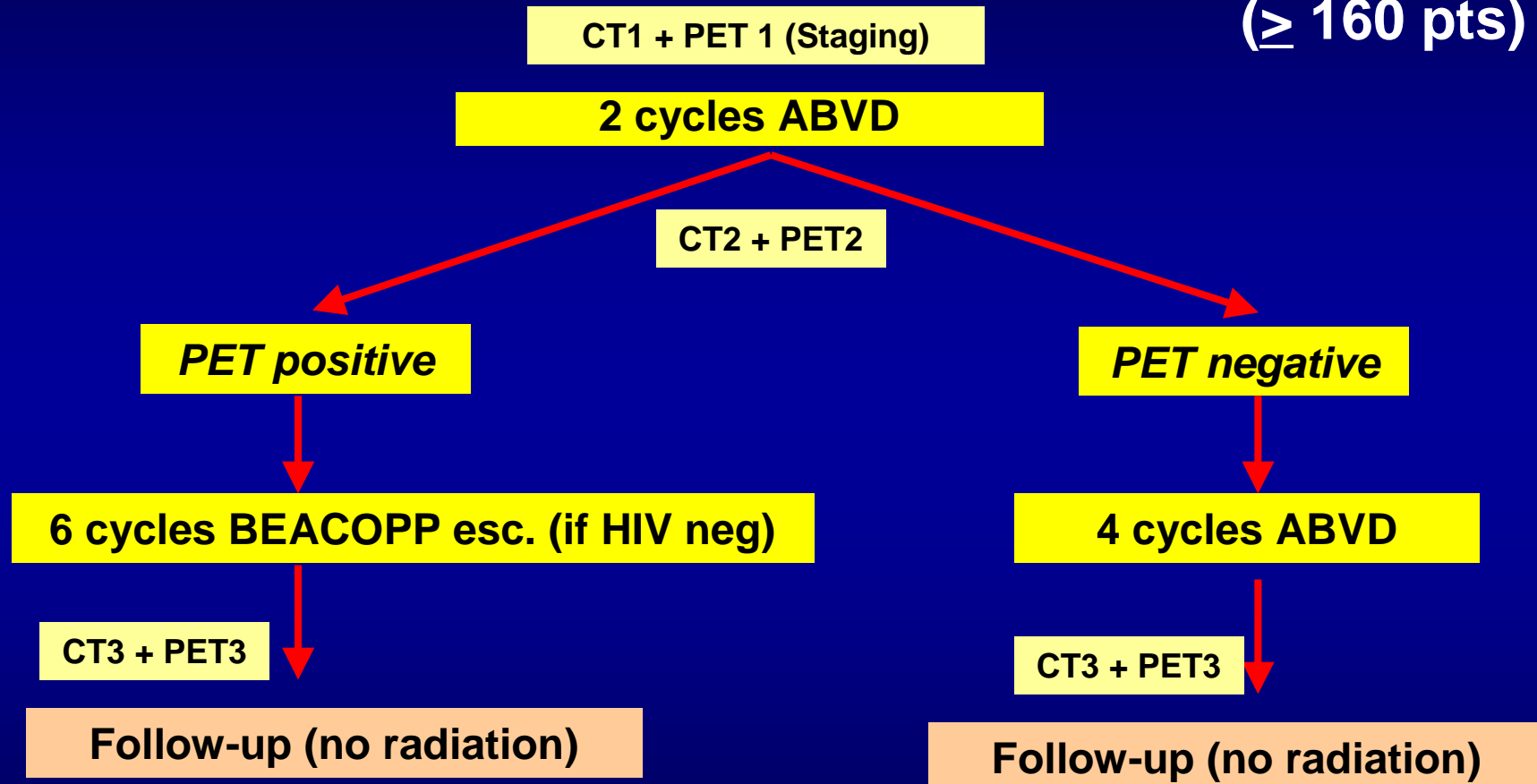
Change in SUV max
(76% accuracy)

SUV analyses

- Potential for greater reproducibility
- Standardization critical
- Although no clear “cut-off”, further prospective studies are warranted – particularly correlating with visual criteria
- May help in prognosticating “minimal residual uptake”?

Phase II US Intergroup trial (S0816): stage III-IV HL

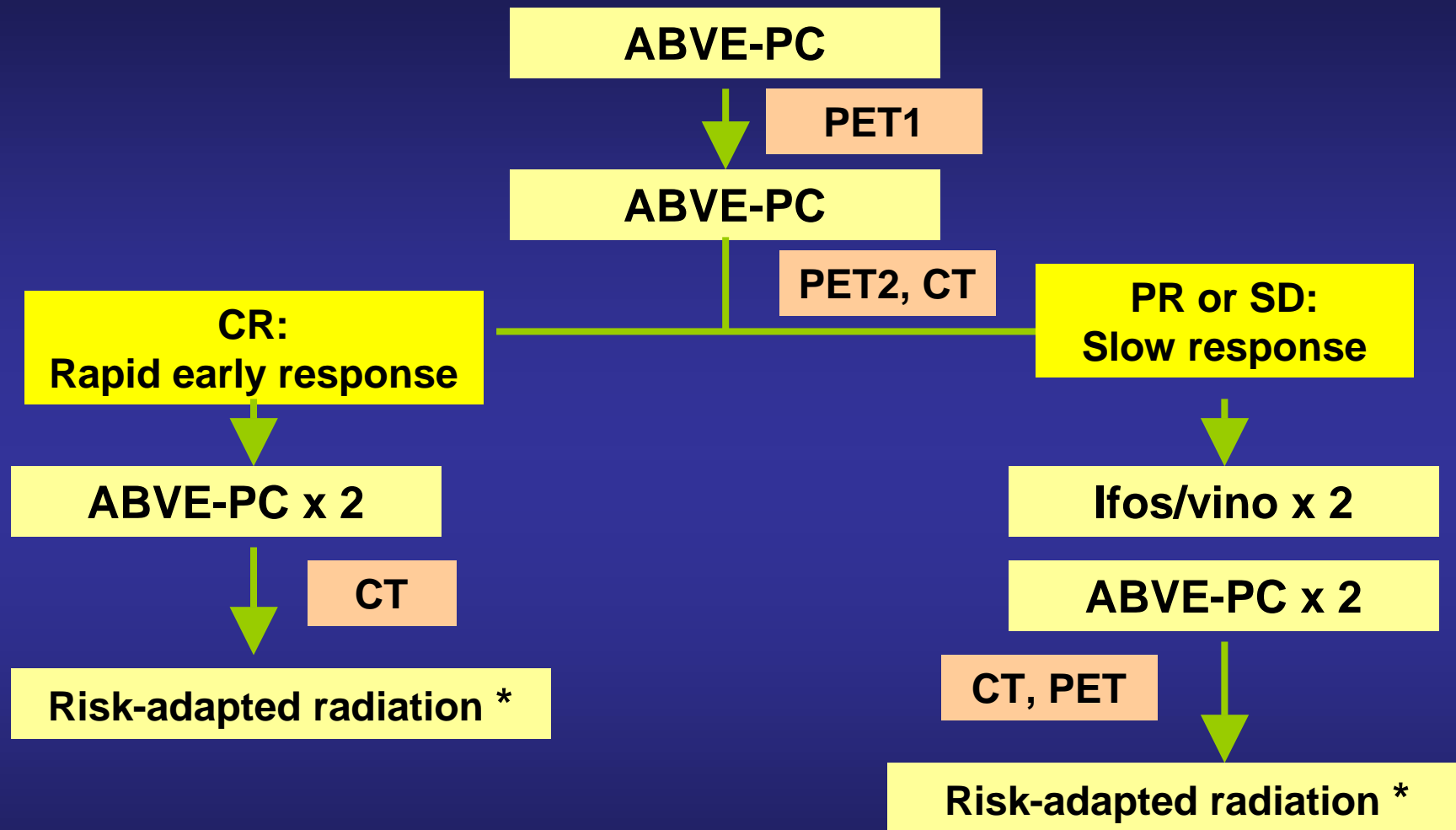
IPS 0-7
(≥ 160 pts)



5-point scale, with exploratory SUV studies

Soon to open: CALGB risk-adapted trial in HL

COG study: high-risk pediatric HL



* Initial bulk disease, nonbulk disease with slow response

COG study: high-risk pediatric HL

- **Response criteria**
 - Modification of revised IWG criteria
 - CR: nodal size criteria and PET neg
 - PR: nodal size criteria, either PET neg or pos
- **Endpoints**
 - Maintain comparable overall survival in rapid and slow responders through risk-adapted therapy
 - Investigate whether PET1 identifies group distinct from “rapid early responders” (e.g. PET1+, PET2-), who might require augmented therapy

U.S. observational studies: example

- CALGB imaging protocol for de novo DLBCL
- Centralized PET review: 5-point visual scale and SUVs

Baseline PET/CT → R-CHOP vs R-EPOCH →
PET/CT post cycle 2 and cycle 6 (no intervention)

Negative

- 0 no abnormal activity (tumor cold)
- 1+ minimal activity (tumor < background)
- 2+ equivocal (tumor = background)

Positive

- 3+ moderate activity (tumor > background)
- 4+ marked activity

Managing a positive post-therapy PET

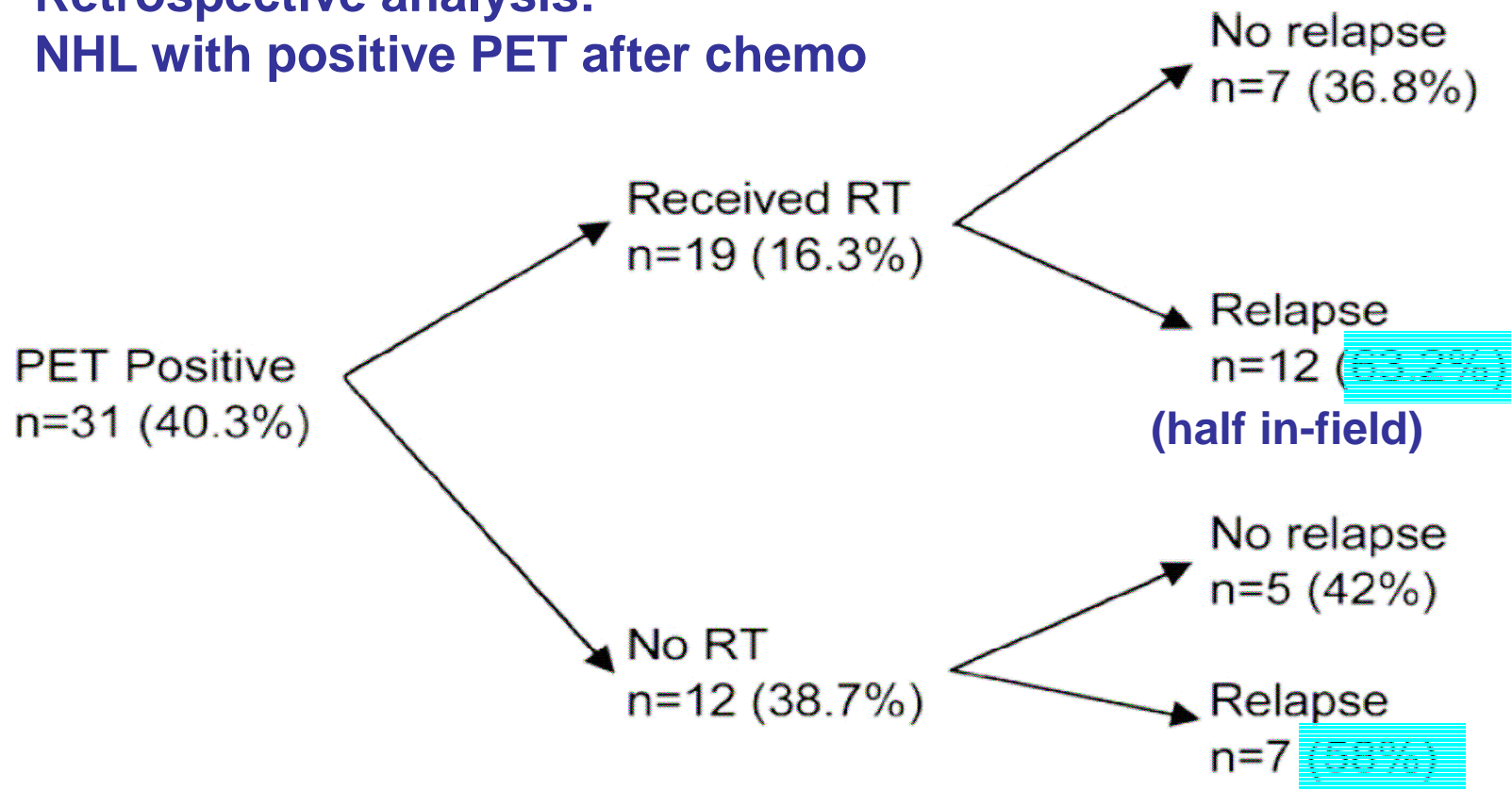
- Extending course of chemotherapy?
 - Doubtful that additional cycles of same chemo will help, even if brisk CT response

Managing a positive post-therapy PET

- Extending course of chemotherapy?
- Adding radiation?
 - Radiation may complicate future therapies
 - Chemoresistance and radioresistance often coexist
 - **Should not assume radiation is natural next step**
 - Positive PET may identify subset who stand NOT to benefit from radiation

Radiation in residually PET+ pts

Retrospective analysis:
NHL with positive PET after chemo



Hodgkin's: PET and radiation

81 pts with HL, stage I-IV
(retrospective analysis)

PET 1 (staging)

Stanford V chemo (8-12 weeks)

**PET 2
(before pre-planned radiation)**

75 PET neg pre-xrt

6 PET pos pre-xrt

Hodgkin's: PET and radiation

81 pts with HL, stage I-IV
(retrospective analysis)

PET 1 (staging)

Stanford V chemo (8-12 weeks)

**PET 2
(before pre-planned radiation)**

75 PET neg pre-xrt

6 PET pos pre-xrt

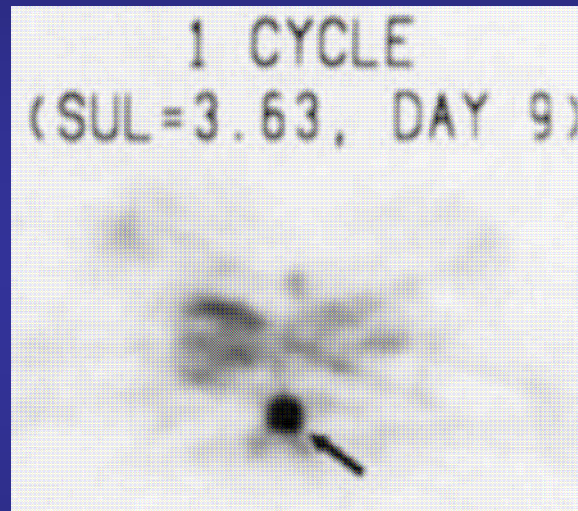
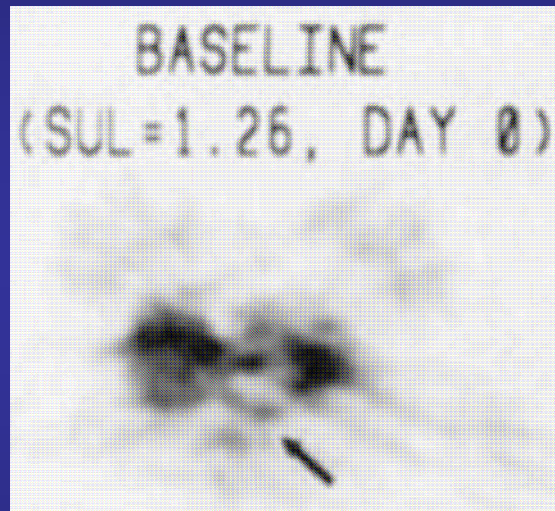
3 relapses

**4 relapses:
3 in-field, 1 at margin**

Managing a positive post-therapy PET

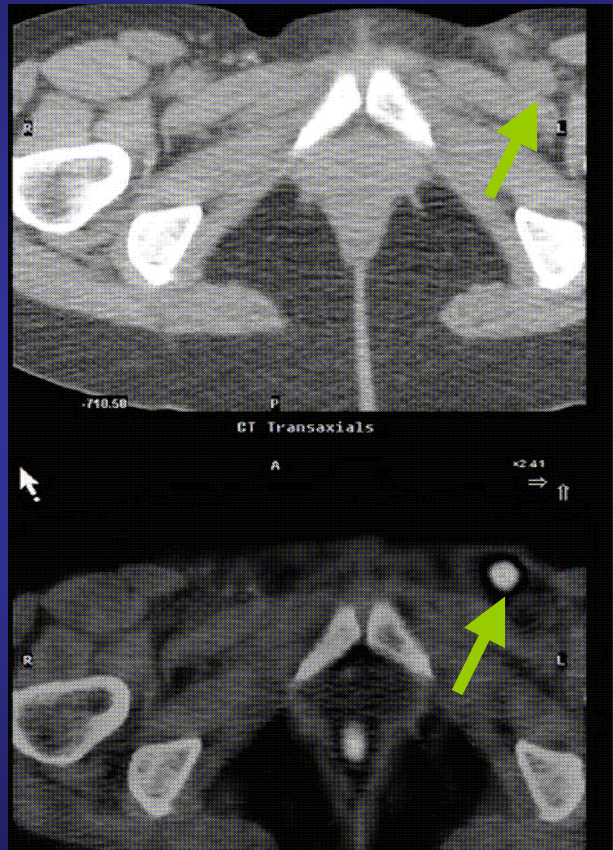
- Extending course of chemotherapy?
- Adding radiation?
- **Intensifying treatment, possibly with BMT?**
 - Before considering escalating therapy, outside a trial, **confirm disease persistence**

False positives: implications for trial planning

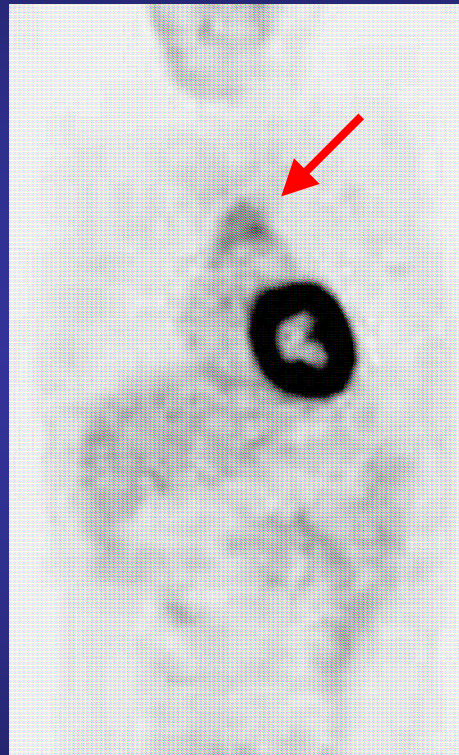


Transverse PET, lower thoracic region

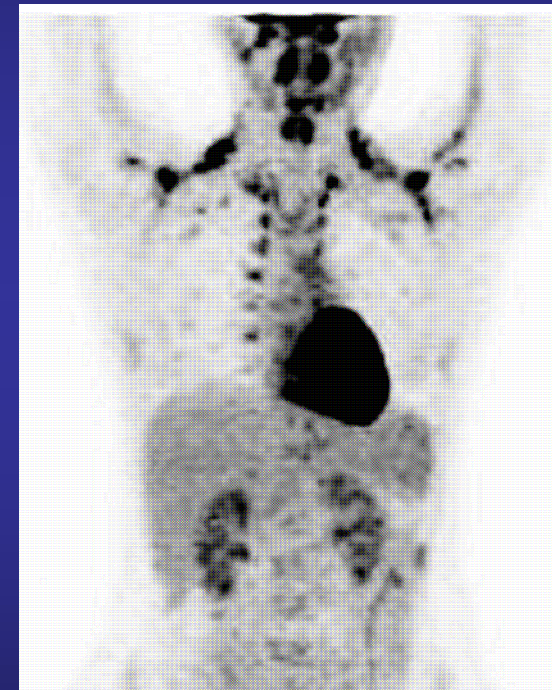
False positives after Hodgkin's therapy: implications for trial planning



Inflammatory node
(SUV 9.4)



Thymic hyperplasia
(SUV 3.7)



Brown fat
(SUV 13)

An 18 year old with HL



Baseline



End of chemo

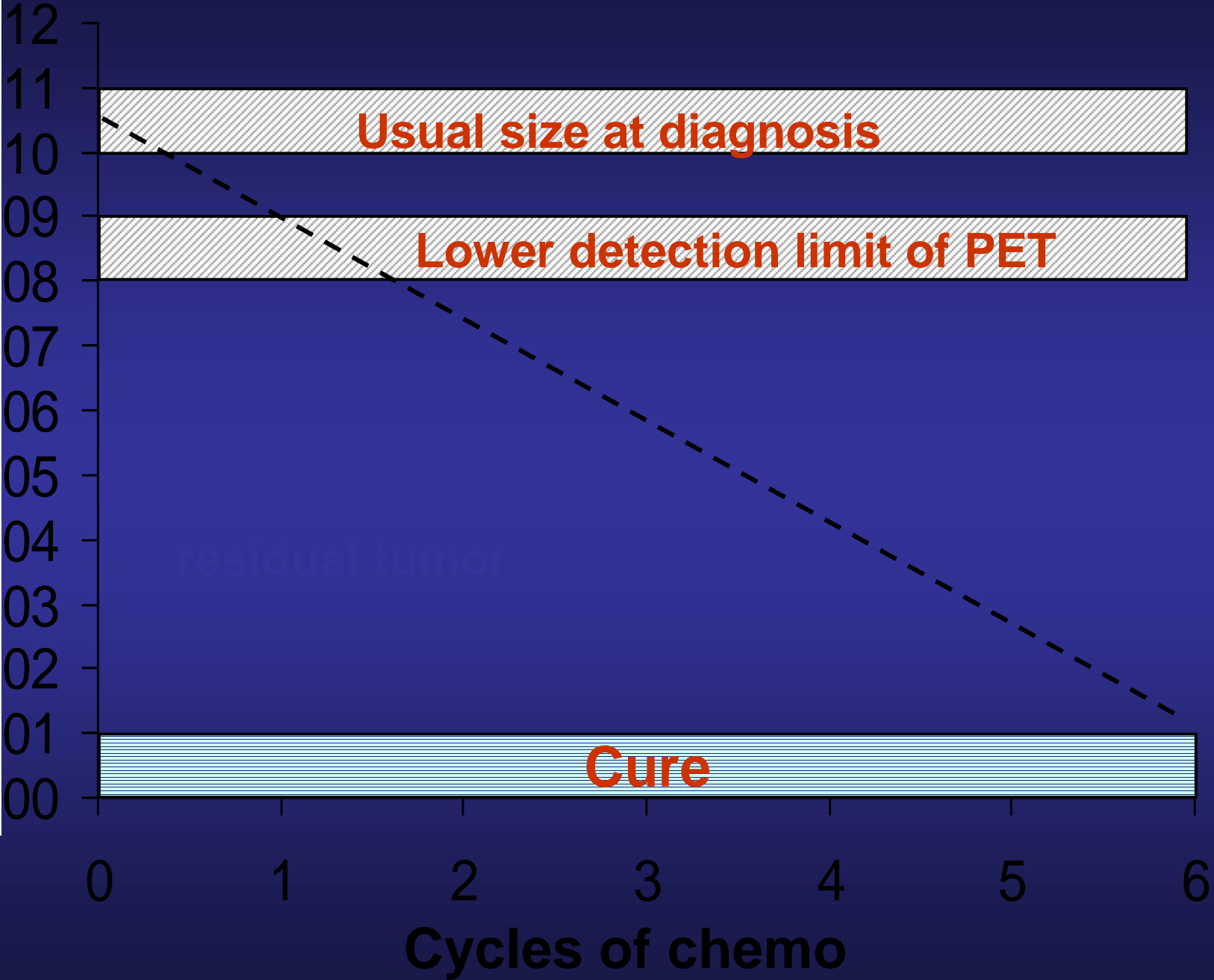


3 mo after chemo

Negative mid-PET: de-escalate therapy?

- Studying this makes sense but...
- A true negative PET may not mean ultimate eradication of disease
- Caution with early cessation of chemo
(many logs of tumor may remain,
depending in part on timing of PET)
- (For same reason, focusing radiation on residual PET+ foci, while reducing toxicity, may be ineffective)

Logs of lymphoma cells



Considerations: trial design

- Potential to more precisely tailor treatment to the individual patient
 - Changing definition of disease response
 - Changing risk stratification
- Prognostic significance not as clear-cut as earlier series suggested
- Prognostic value may reflect efficacy of the chemotherapy regimen

Considerations: trial design

- Investigation of SUV criteria: prospective analysis, comparison to visual criteria
- Threshold for treatment modification
- Role of biopsy
- Reproducibility of reads
- Conservative strategy best outside of a trial